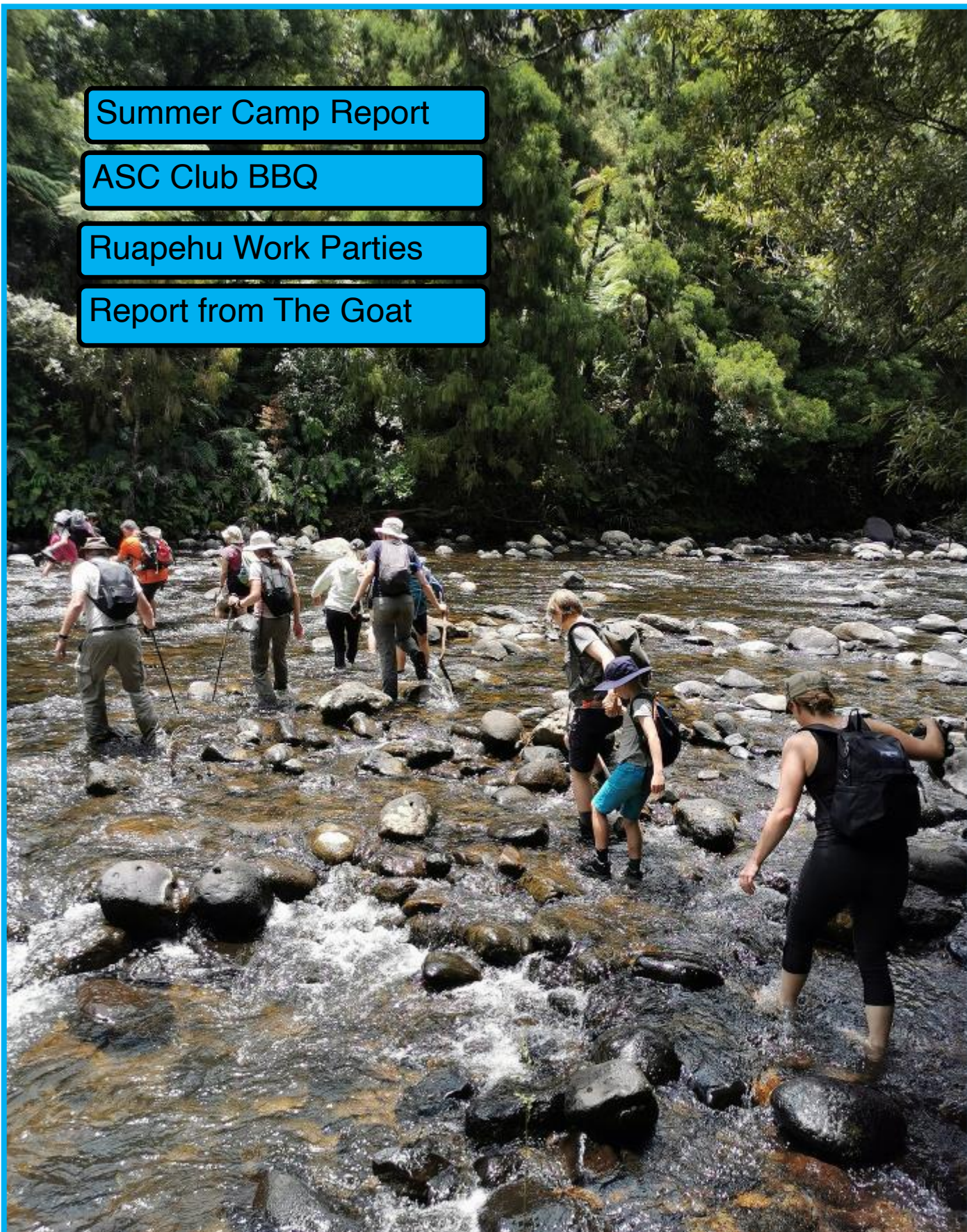


Summer Camp Report

ASC Club BBQ

Ruapehu Work Parties

Report from The Goat



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# COMMITTEE & CLUB CONTACTS

COMMITTEE	NAME	PHONE NO	EMAIL ADDRESS
President	Miranda Hutton	022 6488 733	president@alpinesport.org.nz
Vice President 1	Maria Bullock	021 054 4227	maria@alpinesport.org.nz
Vice President 2	Johann Schoonees	0210 245 2147	johann@alpinesport.org.nz
Secretary	Jenny Hudson	021 626 330	secretary@alpinesport.org.nz
Treasurer	Jackie Ponting	021 209 3120	treasurer@alpinesport.org.nz
Membership Secretary	Jeanette Davidson	021 432 191	Membership@alpinesport.org.nz
Tours Officer	Greg Munford	021 166 6726	tours@alpinesport.org.nz
Ruapehu Buildings Co-ordinator	Nicolas Roberts	022102355065	ruapehu@alpinesport.org.nz
Ruapehu Operations Co-ordinator	VACANT		
Ruapehu Promotions	VACANT		
Events Co-ordinators	Keri and Eric Horn	021 914 173	kerianderic@alpinesport.org.nz
Waitakere Hut Liaison	Mike Frith	021 0272 8662	mike@alpinesport.org.nz

## CLUB APPOINTMENTS

Website and database	Clive Bolt	09 534 2946	clive@alpinesport.org.nz
Waitakere Hut Bookings	Joe Scott-Woods	022 385 2100	pjscottwoods@icloud.co.nz
Waitakere Hut Officer	Paul Lyon	027 421 8100	plyon.plm@gmail.com
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FMC magazine distribution	Warren Whyte	027 675 2147	wandjwhyte@xtra.co.nz
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Club Gear for Hire (climbing and snowcraft)	Brian Duffy	09 528 3782	bwd742@gmail.com
Thursday Walks Co-ordinator	Clive Bolt	09 534 2946	thursday.walks@alpinesport.org.nz
Midis and Midis Plus Co-ordinator	Sherilyn Coney	0274 360 680	sconey@xtra.co.nz
Summer Camp Co-ordinators	Mark Roberts	021 083 36285	tours@alpinesport.org.nz
	Miranda Hutton	022 648 8733	miranda@alpinesport.org.nz
Club records archivist	Jenny Hudson	021 626 330	email@alpinesport.org.nz
Ruapehu bookings	Justine Checketts	027 240 4628	bookings@alpinesport.org.nz
Ruapehu hut wardens			aframe@alpinesport.org.nz
RUAPEHU A-FRAME	PHONE NUMBER	07 892 3710	

# PRESIDENT'S REPORT.



*Miranda Hutton, Club President.*

30<sup>th</sup> January 2024

Kia ora koutou,

Happy New Year! Hopefully you have all been enjoying the warm and pleasant summer weather and have managed to get out on holiday? The ASC Summer Camp near Te Aroha over New Year was a huge success with 135 people attending, comprising 44 groups of campers.

Thanks to Peter Hutton for the idea and to Martin Nelson for suggesting the site. Thanks also to Peter Jemmett, Bruce Dwerryhouse, Mark Roberts and Nicholas Roberts for their help in organising the camp and activities, and to Garth Barfoot for finding a site for the New Year's Day games and donating medals. A full trip report and photos can be seen later in the Alpinesport.

December is always a social month and included our December Club Night on the 5<sup>th</sup> where we enjoyed interesting accounts of Alice Springs and the Larapinta Trail by Jocelyn & Warren Whyte and Vic Fitzpatrick & Nick Monteith followed by a delicious supper organised by Bruce Rogers. The Christmas Lunch at the Waitakere Hut on Sunday 17<sup>th</sup> December had record attendance of about 60 for lunch and great fun was had by all. Thanks to Paul and Jenni Lyon for organising and to Jenny Hudson and Lesley Hawke for purchasing the food.

On a more sombre note, we sadly farewelled four members this January: Lois Wong, Hugh Willis, Bob Wattam and Rae MacKenzie. To all those who knew and loved Lois, Hugh, Bob and Rae, please accept the club's condolences at this sad time. More about their lives and their connections to the club are shared later in the magazine.

Moving on to committee matters, you'll see Jenny Hudson and Brian Fitzpatrick have been putting their minds to the changes needed to the club constitution to comply with the 2022 Incorporated Societies Act. We have two years to complete this and the committee will be asking for club members' contributions and opinions on a few matters, see article later in the magazine.

Come and join a **Working Bee** at Ruapehu this February/March! I'll be going down this weekend with my family and some adult friends who want to see the huts and volunteer. The working bee dates are 3rd/4th February, 24th/25th February and 16th/17th March. Let's have all-hands-on-deck and get the jobs done! Please let Nicholas Roberts know if you can help out [ruapehu@alpinesport.org.nz](mailto:ruapehu@alpinesport.org.nz)

Also, please consider whether you would like to join the ASC Committee this coming year in June. We have two important roles which need filling: a **Treasurer** (Jackie will be stepping down after three years in the role) and a **Ruapehu Operations Co-ordinator** to liaise with the resident Hut Warden and help organise the smooth running of our Ruapehu ski huts over the winter. Any other help, for example with Baiting at the Waitakere Hut and with leading trips would always be welcome. If you feel you have skills and a little bit of time to offer, please get in touch.

Hope to see you at the Cornwall Park BBQ on Waitangi Day. All the best wishes for a Happy New Year,

Miranda Hutton

# GENERAL NEWS & NOTICES

## **CLUB NIGHT TUESDAY 6th February 2024**

### **Annual Club BBQ Cornwall Park 5.30pm onwards**

Meet at the Cornwall Park Gas BBQ area, corner of Kenneth Myers Drive and Bollard Avenue from 5.30pm. If families would like to come earlier, Miranda and Annette will be there from about 5pm with Clara (10) and Lukas (7). BYO food, something to cook on the BBQ, something to drink (alcohol is ok) and optional games for the kids. A picnic rug and folding chairs will add to your comfort. Best access is off Campbell Road; there is plenty of parking close to the BBQ facilities.

See meeting location below :



## **CLUB NIGHT TUESDAY 5th March 2024**

**7:30 pm, St Mark's Parish Hall, Remuera Road**

We will have a very special presentation from a group of former refugees from Afghanistan. This is a group who love the outdoors, especially its role in human rights and improving social outcomes for girls. One of the men and his wife taught girls in Afghanistan how to ski. They also set up the first marathon in Afghanistan that women could participate in. It will be a very interesting presentation and we encourage as many members as possible to come along.

## **THE CLUB WELCOMES THE FOLLOWING NEW MEMBER:**

**Nicholas Teesdale**

## **LAKE WAIKAREMOANA GREAT WALK IS OPEN AGAIN**

The Lake Waikaremoana Great Walk, which had been closed since February 2023 due to the impacts of flooding and severe weather damage sustained during Cyclone Gabrielle, reopened on 10th January 2024.

An intensive repair and maintenance programme to reopen the track led by Tūhoe was supported by DOC, external contractors, local and recreational communities and volunteers.

As part of a Backcountry Trust crew, members of the FMC board and whānau have also contributed to the reopening of the track with renovation work on Panekire Hut a few weeks ago.

Bookings are open now through the DOC booking system.

## RUAPEHU WORK PARTIES — 2024



The preparation for the working bees at our huts on Mt Ruapehu is well under-way.

We would like to include all helpers this year including families with either helping or non-helping children. Families can attend with either 1 or 2 parents helping depending on kids' ages/supervision requirements. We will have a range of jobs.

This year three working bees are planned, starting February, with the primary work being continuing painting of the A frame roof.

However, there are a number of smaller jobs also available.

The dates are:

- o 3rd/4th February
- o 24th/25th February
- o 16th/17th March

There will also be plenty of work for those less construction minded.

Please let Nicholas know at [ruapehu@alpinesport.org.nz](mailto:ruapehu@alpinesport.org.nz) if you can help.



# WHY YOU NEED TO NOW ABOUT THE INCORPORATED SOCIETIES ACT 2022 AND REGULATIONS 2023

by Jenny Hudson, Honorary Secretary

Our club is an incorporated society, and a new Act came into force in October last year updating the way in which all incorporated societies must operate, along with a set of Regulations. The old Act goes way back to 1908, so it was well overdue for an overhaul.

The purpose of this article is to outline in very broad terms what the changes mean for our club. A full explanation is located on the [Companies Office website](#). The club will need to re-register under the [Incorporated Societies Act 2022](#) before April 2026 if we want to remain as an incorporated society.

## Revising our constitution

The most important part of re-registration entails revising our [constitution](#), which must contain specific provisions set out in the Act (ss 25 and 26), and which must be approved at a General Meeting before it is submitted to the Companies Office Registrar.

*“A society’s constitution is a public statement about the society and what it stands for: the place to embed the organisation’s kaupapa, guiding principles and values, and should be the reference point for those guiding, governing and administering the organisation”. (Mark von Dadelszen Law of Societies 3ed (LexisNexis Wellington 2013) at [4.1.1])*

We’re off to a good start though, as quite a few of the new rules are already included in our existing constitution and Brian FitzPatrick has done a great job of drafting the necessary changes to ensure we comply with the Act. Brian considers that some of the major points which the membership should be aware of are:

- Members can access information held by the club (s80).
- Members can ask for copies of Financial Statements and AGM Minutes (s88).
- A new member must consent to become a member (s76). This prevents a surprise gift membership.
- All committee members become officers (s45).
- There is increased responsibility and accountability on committee members in respect of management (s54 et seq.)

Importantly, we also have an opportunity to take a close look at whether we should make any other amendments to ensure our constitution continues to be relevant and tailored to the club’s vision and purpose into the future.

## Key provisions

So what are the key changes most applicable to us (noting that our existing constitution already deals with a number of administrative matters such as annual/special general meetings, composition, function and powers of the committee, election of officers, borrowing money, and disposal of assets?)

New requirements apply to:

### **membership:**

- a minimum of 10 members (reduced from 15); however every person must now consent to become a member (including Honorary and Life members) and provide their contact details.

### **club officers:**

- a minimum of 3 natural persons is required to form a governing body; every elected or appointed officer must give their consent and certify that they are not disqualified by reason of age (being under 16), bankruptcy, criminal conviction and various other criteria listed in s47 (2). Their names (but not contact details) must be publicly available on the incorporated societies register held by the Companies Office.
- In addition, the contact details (residential address, email address, phone number) and date of birth of each officer must be provided in an annual return submitted to the Companies Office. This information will not be available publicly.
- At least one person must be nominated as the club's contact person with full contact details provided to the Registrar, and updated as necessary. The constitution must set out how the contact person will be elected or appointed.
- A record is to be kept of any conflicts of interest that officers may have.

### **financial and reporting practices:**

- accounts must be produced in accordance with XRB (External Reporting Board) accounting practices, we must file an annual return and we must keep financial records for at least 7 years.
- Within 6 months of balance date, financial statements must be completed, dated/signed by 2 members of the committee, and filed with the Companies Office.

### **record-keeping, particularly membership records:**

- The club must maintain a register of all members and their contact information for at least 7 years, and the date that every person ceases to be a member. The constitution must state clearly the circumstances under which membership ceases.

### **dispute resolution procedures:**

- The constitution must contain dispute/complaint resolution procedures based on principles of natural justice.

### **provision for amalgamation or mergers of existing societies:**

- this is a new provision, intended to provide a straightforward one-step process for existing societies to amalgamate or merge.

**Overall conclusion**

Most of the new provisions are common sense and those affecting the club relate predominantly to operational practices and administrative matters. Some will entail changes to the website, membership database, election of officers, and financial reporting. The Committee will be looking closely at the constitution to identify any other matters which should be considered (one example being use of electronic media for communication and storage of archive material). There are potentially more fundamental questions relating to the constitution which could, in the writer's opinion, usefully be debated, such as the name and purpose of the club.

**Next steps**

The Committee will be focussing on the club's obligations under the Act, the steps to be taken and the timetable for those steps at its forthcoming meetings, and will report to members in Alpinesport, club nights and emails. In the meantime, questions, comments and suggestions from members are encouraged and welcomed, and should be directed to the Committee.

## REPORT ON THE HUT CHRISTMAS PARTY.

What a wonderful day with over 60 members taking in the sunshine, the bush scenery and enjoying ASC friendship. The children ran around with sticks, as boys do, while the net in the bush was well used. I wish to thank Jenny Hudson and Lesley Hawke for stepping in and arranging the purchase of the delicious food selection.



To the helpers that undertook food prep, there were too many to name, but Elizabeth Jobbins and Pat Scott-Woods do deserve a big thank you. The feedback I have received by email confirms a successful day was had by all. The Photos well the story.

Thank you All for making it a successful day.

Paul Lyon (scribe and organiser)

On a solemn note, the club farewelled four longtime members and friends of the club during the month of January. Some of these members made a huge contribution to the club over the years. We extend our condolences to their family and friends.

Thank you Warren Whyte for your words below;

The Club notes with sadness the death of **Rae MacKenzie** who passed away on January 26th at her home in Lake Hawea aged 89. Rae and her late husband Robert were part of the “backbone” of the Club in the 1980’s and both were awarded life membership in 1991.

Sadly they moved to live in Mapua in the 90’s leaving a very big gap in our clubs organisation. Following Roberts death, Rae moved to live with her daughter April at Lake Hawera. Messages of condolence can be sent to PO Box 54, Lake Hawea, 9346.

The club extends its heartfelt sympathy to **Helen & Clive Bolt** and **Peter & Margaret Jemmett** on the death of Helen and Peter’s sister **Lois Wong** who passed away on 6th January after a some years of illness.

Lois and her late husband Dave Wong attended several family camps with their four children when they were of school age.

The club extends it deepest sympathy to **Di Willis** on the death of her husband **Hugh Willis** who passed away on 11th January.

Both Hugh and Di were active club members in years gone by. After retiring from school teaching Hugh spent some years doing voluntary work creating tracks in some of the North Shores reserves.

Our deepest sympathy is extended to **Janet, Jonathan** and children **James & Zoe Hodder** on the death of Janet’s father **Bob Wattam** on 9th January aged 87 years. Bob’s wife Ann died only recently in September 2023.

Bob and Anne were active members of our club for many years, especially as part of the skiing fraternity, and their contribution to the clubs overall success will never be forgotten. Bob was also active in the Devonport Business Assn and in yachting circles including a period when he was Commodore of the Devonport Yacht Club. Bob will be sadly missed by us all.

# ORIENTEERING OPPORTUNITIES

Are there any club members keen to join me for the remainder of the season of the Summer Nav series?

This is a great opportunity to get kids reading maps and a social opportunity for Club members and friends to get together for an evening walk, jog or run on the course possibly followed by a picnic dinner or pizza together. If your weekends are busy, here's a great chance to get outdoors after work/school during the week! I will post a meeting point for each event on the club facebook page but please get in touch so we can gauge interest. [fionaheenan@yahoo.com](mailto:fionaheenan@yahoo.com)



For exact start locations and to pre-enter/pre-pay, please visit our website [www.auckoc.org.nz](http://www.auckoc.org.nz)

### 36th Auckland Orienteering Summer Series 2023 - 2024

- Courses vary between events. In general:  
 Course 1 - 6km to 10km, challenging  
 Course 2 - 4.5km to 5km, challenging  
 Course 3 - 2.5km to 3.5km, medium  
 Course 4 - under 2km, easy
- Start any time between 5.00pm and 6.45pm. Courses close at 7.45pm.
- Help is available - please ask.
- For tips on getting started and more information, see our website [www.auckoc.org.nz](http://www.auckoc.org.nz)



Auckland SummerNav Fees			
Non members:	Student	Adult	Family
Single Entry	\$6	\$12	\$24
Season Ticket to all events	\$60	\$120	\$240
Club Membership*	\$20	\$60	\$90

\* Join during SummerNav 2023 and pay member prices until your membership ends at the end of SummerNav 2025! That's great value!

Members:	Student	Adult	Family
Single Entry	\$3	\$6	\$12
Season Ticket to all events	\$30	\$60	\$120

**Youth groups:** \$30 daily for as many maps as you need. Please advise us in advance with estimated group numbers.

<b>October 2023</b>	
Thu 26th	<b>Western Springs</b> Western Springs Park
<b>November 2023</b>	
Wed 1st	<b>Point England</b> Point England Reserve
Tue 7th	<b>Grafton</b> Auckland Domain
Tue 14th	<b>Penrose</b> Hamlins Hill, Mutukaroa Regional Park
Wed 22nd	<b>Mt Albert</b> Phyllis Reserve
Wed 29th	<b>Mangere Bridge</b> Ambury Regional Park
<b>December 2023</b>	
Thu 7th	<b>Greenlane</b> Cornwall Park
Thu 14th	<b>Blockhouse Bay</b> Craigavon Park
<b>January 2024</b>	
Tue 23rd	<b>Pakuranga</b> St Kentigern College
Wed 31st	<b>Mangere</b> Mangere Central Park
<b>February 2024</b>	
Thu 8th	<b>St Johns</b> Waiatarua Reserve
Wed 14th	<b>Greenlane</b> Alexandra Park
Tue 20th	<b>Western Springs</b> Western Springs Park
Thu 29th	<b>Pakuranga</b> Lloyd Elsmore Park
<b>March 2024</b>	
Sat 2nd	<b>Penrose</b> Hamlins Hill, Mutukaroa Regional Park <b>*NIGHT EVENT*</b> Start from 8.30pm, bring a torch.
Thu 7th	<b>Mt Roskill</b> Mt Roskill War Memorial Park
Tue 12th	<b>Grafton</b> Auckland Domain
Wed 20th	<b>Greenlane</b> Cornwall Park

Graphic: design by LoxdMouse Design Ltd [www.loxdmouse.co.nz](http://www.loxdmouse.co.nz)

# MAHURANGI REGIONAL PARK

Still on the subject of Orienteering, the Mahurangi Regional Park Orienteering Map has just been reprinted and would provide a fun day out or a great activity if you are camping in the park overnight.

There are 20 control points spread from Mita Bay, through Otawawao (Sullivans Bay) and across the estuary right through to the southern end of Te Muri. The map is fully explanatory and has a space to write the control letters so all you need to bring is a pen or pencil.

**Download the map here:**

[Mahurangi Orienteering](#)

There are also usually plenty of printed maps at the notice board.

It will take roughly five minutes to find each control point if moving at walking pace.

However, you will need to factor in the tide if doing the Te Muri section.

Tide times are posted on the park notice board.



**Mahurangi Regional Park Orienteering Map**

Visit [aucklandcouncil.govt.nz](http://aucklandcouncil.govt.nz) or call 09 301 0901 for more information.



**TIDAL WARNING**  
Note that markers 1-11 are separated from markers 12-20 by the Te Muri estuary. The Te Muri estuary can only be crossed two hours either side of low tide. Tide times are posted on the noticeboard at the car park near the entrance. Check tides before you start the course.

**Think safe and be water safe.**  
Watch your young ones near the water.

**How to get there**  
Mahurangi West is 11km (60 minutes) from central Auckland. Drive north on State Highway 1 via the northern gateway toll road. Turn right into Mahurangi West Road (approximately 5km north of the tunnel) then right into Ngarewa Drive. Follow Ngarewa Drive to the end.

**What is orienteering?**  
Orienteering is a challenging outdoor adventure sport that stresses both the mind and body. The aim is to navigate (on foot or mountain bike) between control points marked on a unique, highly detailed orienteering map while deciding the best route to complete the course in the quickest time.

Orienteering can either be a highly competitive individual sport or, when family or friends do a course together, a totally recreational activity. It is suitable for all ages, fitness and experience levels. No special equipment is needed to start with, just comfortable outdoor clothing and footwear. Carpasses are not essential for beginners and most people quickly master the necessary map reading skills.

Retrieved from [ebop.org.nz](http://ebop.org.nz)



**How do I get involved in orienteering?**  
Contact your local orienteering club by visiting [orienteering.com](http://orienteering.com) and checking the club directory. The course was developed by the North West Orienteering Club.

**How do I start?**  
The map is designed to help you navigate the landscape by showing features like contour lines, roads, fences and vegetation. Look at the map legend before you start to identify these features.

**Turn the map so that the vertical arrows point roughly to north** and it is lined up with some of the main features such as the coast, roads, or big hills.

**Identify the triangle on the map** which indicates the start and finish point.

**What am I looking for?**  
Each control point you are looking for is a 12cm/5cm sign like this:



It will have the same number as it is on the map. Use the space provided on the facing page to record the letters on each marker. If you get lost and find another control point, you can use this to identify where you are on the map. All are on obvious features such as at the top of fence posts.

**How long will this course take?**  
It depends on how fit you are and whether you are competing with your friends and family or enjoying a non-competitive challenge. You can choose to find all 20 control points if you are very fit and have a full bag, or you may choose to find control points 1 to 11 or 12 to 20, or a combination of the numbers. It will take you roughly five minutes to find each control point if you are moving at walking pace.

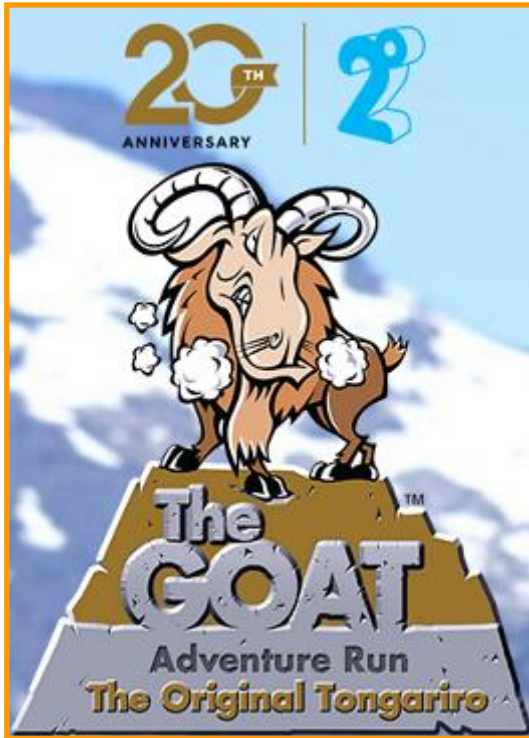
**Challenge your group to a race and see who can find the most control markers the quickest!**

**Preparing for orienteering**  
To enjoy orienteering, you will need to be prepared to walk or run on farmland and in the bush. The land may be rough underfoot. When you cross fences, do this at a corner or main post, cross locked gates at the hinge end. Please leave all gates as you found them.

- Wear comfortable outdoor clothes and jogging or walking shoes.
- Wear a hat and sunscreen, but be prepared for rain and cold.
- Take drinks, and a snack.

**Control markers**

1
2
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19
20



## REPORT FROM “THE GOAT” 2024

January 18th-21st, 2024

For those who have not been involved in The Goat in the past, this is an annual event where some ASC members run from Whakapapa to Turoa as part of a offroad adventure run called The Goat.

These runners are referred to as “goats” and they are supported by other members who cheer them along—“the goat herds”. It’s a tough race but a very social weekend and “the goats” are always open to others joining their herd either as runners or supporters.

This year they have recruited a baby goat otherwise known as a “kid”, it would be great to get more baby goats involved next year— of course old goats are also welcome!

Catherine Hird reports on the event below:

### **A summer adventure to the A-frame**

Our packs were packed to the brim and we charged up the mountain to the A-frame for a summer adventure. Rollo was going to run The Goat Adventure Run for the 3rd time and Freya was going to give The Kid trail run a go for the first time. The Maunga was beautiful as ever and somewhat easier to climb for little legs without the snow! Arriving at the A-frame had the lovely familiarity of returning to a family bach.

After a cosy and quiet night in an almost empty A-frame, we completed the beautiful Taranaki Falls loop track. An easy 2-hour walk before race day the next day! Johann and Kate Schoonees joined us that evening for night-before race rituals and gear checking. Johann was to complete his 8th Goat - what an epic achievement!

The next morning, we all headed down the mountain first thing to watch Rollo and Johann embark on their journey to Turoa from The Top o the Bruce. The rest of us took the easy option and drove to Turoa to watch them cross the finish line - somewhat muddier than when they set off but looking very happy and accomplished. Rollo came in at 3hr40min and Johann at 4hr17min.

After a much needed rest for exhausted legs and something to rehydrate, Johann and Kate departed for a quiet afternoon at the A-frame while the rest of us continued down the mountain to the Mangawhero forest to watch Freya complete The Kid. Freya’s training paid off and with a massive smile the entire time, she charged up all the hills, along the 3.2km track and completed the run 27mins later. Freya reported “I like running through the bush”.

One very proud girl and two very proud parents. Now she has a medal “just like Daddy’s” that has pride of place in her bedroom. What a fantastic first experience for her. It was then back to the A-frame for a delicious celebratory meal thanks to Kate and Johann.

Everyone had such a great time that I think this adventure will be repeated next year! Who’s going to join us??



## A report from the trail from Johann Schoonees:



It was a mudfest!

Most of the first half was more of an arm-flailing, side-slipping fight than actual running. The river crossings were more swollen than usual, the rocks were slippery, and the stickier patches and I disagreed on who was going to keep my running shoes.

The muddy drop-offs I remember from previous years were now cliff jumps onto uncontrolled bum slides. In many stretches the track was a muddy stream concealing knee-deep potholes. I think I found most of them, to the laughter and thanks from the runners behind me.

Reading the track ahead as one does, there was a bowl of clay saying: "Put your butt in here." I said: "Nah, I'll just skirt round the side." So it grabs my right foot, flicks it in the direction of my left ear, grabs my other foot, knots my legs, and firmly places my butt in the bowl.

But still - what an epic run.

## Johann's race analysis by age and performance follows:

Alpine Sports Club & friends  
The Goat  
with USATF MLDR age grading

<http://www.alpinesports.org.nz/>

<https://thegoat.co.nz/>

<http://howardgrubb.co.uk/athletics/mlldrroad20.html>

Johann Schoonees  
29/01/2024

[johann@schoonees.org.nz](mailto:johann@schoonees.org.nz)

Name	DOB	Actual	PB	2025		2024		2023		2022		2021		2017		2016		2015		2014		2011		
				Age	Target	Age	Time	Age	Time	Age	Time	Age	Time	Age	Time	Age	Time	Age	Time	Age	Time	Age	Time	
Craig Elliott	14/07/1978	03:00:59	02:58:38	46	03:13:26							42	03:10:45	39	03:16:05	38	03:20:00	37	03:00:59	36	03:30:58			
		Graded											03:02:04		03:11:50		03:16:45		02:58:38		03:29:17			
Rollo England	04/08/1988	03:38:37	03:37:58	36	03:39:57	35	03:40:03	34	03:38:37	33	03:53:28													
		Graded					03:38:50		03:37:58		03:53:11													
Johann Schoonees	26/01/1960	03:15:21	02:52:48	64	03:40:36	63	04:17:09	62	03:57:52	61	04:03:35	61	03:47:26	57	03:32:20	56	03:37:53				54	03:21:36	51	03:15:21
		Graded					03:23:26		03:10:03		03:16:30		03:03:28		02:58:44		03:05:05					02:54:24		02:52:48
Bart Schroder	05/10/1956	04:09:17	03:23:01	68	04:29:55					65	05:22:55			61	04:21:36	60	04:09:17							
		Graded									04:10:25				03:32:03		03:23:01							

### Notes

"Actual" times are from Goat results website.

"Graded" times are USATF Masters Long Distance Running age-graded equivalent times you would have run as a 25-year old male.

"PB" are your personal best times, actual and graded.

"Target" is the time you have to run at the next Goat to equal your graded PB.



## Rollo England

2024 ASC fastest goat on elapsed time



## Freya England

2024 ASC youngest goat



**Two generations of goats**—this could be the start of a new ASC tradition, who will join them next year?

Party:

Catherine Hird ( scribe), Rollo, Freya, Lydia, Adele (Rollo's mum) England, Johann and Kate Schoonees

# A QUICK E-BIKE OVERNIGHT TRIP TO WAIHEKE

January 6th 2024

In early January ASC members Claire Caiger and Abi Raymond loaded up their commuting e-bikes and headed to Waiheke for a quick overnight adventure.



Claire with the commuting e bikes loaded up for the trip

With our electric bikes loaded to the max we cycled from Royal Oak to the ferry terminal in downtown Auckland and caught the ferry to Waiheke.

It was a short ride to our beautiful glamping tent accommodation at Fossil Bay lodge. These glamping tents are set amongst the trees on the beautiful Fossil Bay property where during the day the Waiheke Steiner school operates from.

We unpacked our bags and headed off on an island bike adventure. First stop, Palm beach for an ocean dip, via the Oneroa Art Gallery. Next a delightful bike in the rain to the fabulous Casito Miro vineyard in Onetangi to taste some delicious food and wine. Then on to Wild on Waiheke for a dance and some more wine. Finally, a cycle trip back to Oneroa to Fenice Italian restaurant for cocktails and Pizza and a swim on the way home to end the day.



Glamping tent at Fossil Bay lodge

After a very peaceful sleep in our glamping tent and breakfast under the trees we packed up our bikes and headed off to Cable Bay for an explore. With a stop at the Allpress Olive grove for some yummy tasters we then headed back to Auckland on the ferry. It was a whirlwind 24 hour trip to Waiheke, made so easy by having our bikes at the ready to explore

Party : Abi Raymond (scribe) and Claire Caiger



Flowers on Waiheke

# SUMMER CAMP REPORT.

## SUMMER CAMP 2023-2024

### Te Aroha



This year's summer camp site was nestled in the hills of the Kaimai-Mamaku Forest Park, at the end of Hill Road, just north of Te Aroha. ASC club member Martin Nelson had tipped us off to the existence of a charming little stream, stand of native bush, a just-flat-enough paddock and most importantly, an agreeable landowner.

135 people attended this year, comprising 62 adult members, 18 adult non-members, 51 children in the 5-18 age category and 4 infants under 5.

After the initial shock arriving at camp to see the very long grass, campers worked out how to flatten it with their cars and create camping spots. Some chose to camp across the shallow ford by the Thames Valley Pistol Club rooms (unoccupied) while the bulk stayed on the eastern side of the ford. There was plenty of space to spread out and the Town Hall Tent provided a central meeting point near the toilet block. This year, rather than four port-a-loos serviced during our stay, we had 10 port-a-loos and staggered their opening. Thanks to Bruce Dwerryhouse for sourcing a hire company and finding this creative solution at a difficult time of year.





There were plenty of daily trips and tramps on offer, with Mark Roberts and family organising and leading daily trips which many attended. Others organised their own activities and several others led club trips which suited the age-range of their children eg. a trip to Bullswool Heritage Farm near Paeroa. Chrissy Sidwell led a sing-song for the younger children in the Town Hall tent every evening, weather permitting.



Waitawheta –Dean Track group

There were many interesting walking opportunities nearby. The Window's Walk was a popular choice on a rainy day. My personal favourite was the trip along the Dean Track and down the Waitawheta, ending at Dicky's Flat DOC campsite and swimming hole. Several trips were led up Mt Te Aroha and several explored the famous Waiorongomai Valley tracks with remnants of mining days. A favourite walk directly from camp was up the steep grassy hills behind the Pistol Club, affording magnificent views across the Hauraki Plains.

Others explored the forestry roads behind camp, onto the slopes of the Kaimais proper. Mark led a trip to Waihi Beach including a walk across to Orokawa Bay and back, swimming at both beaches. Other parties went mountain biking at the Te Miro Mountain Bike Park and others visited the spectacular Wairere Falls further south.



The weather during the day was mostly good, apart from some heavy rain some evenings and a spectacular thunder storm one night. A vicious wind on the morning of the 1<sup>st</sup> of January tore tents and precipitated some to leave camp a day early. The weather on New Year's Eve was less than ideal, but luckily we were able to secure the hire of the nearby Mangaiti Hall. The children entertained us with songs, dances, jokes and skits in an informal Talent Show before we enjoyed a delicious shared supper. It was certainly pleasant to have a roof over our heads when it was pouring down outside. After supper the younger children had an a cappella sing song before first midnight (9pm) and then Jim Frater and Richard Hutton led a traditional sing-song till second midnight (10pm). Boyd Miller and Jim shared some amusing lyrics of climbing songs from days gone by and Garth Barfoot professionally led the countdown to midnight (10.08pm) with the help of his trusty iPhone and stop watches.





New Years Eve Talent Show

## New Years Eve at the Mangaiti Hall



New Years Eve Supper



Garth announces the New Year

Garth Barfoot arranged the use of the exquisite Te Aroha Athletics Club grounds for our annual New Year's Day games. It must surely go down in history as the highest quality turf we've ever competed on! Many a proud medal winner went home happy after the fun filled races organised by Nicholas Roberts. Garth had again donated a large box of real medals he had won. Keep up the competitions, Garth!



Most campers went at least once to the famous Te Aroha hot springs, some booking a special spa treatment. At the least, a hot shower in the pool changing rooms was welcome!

Due to the wind and weather we hadn't been able to have a campfire until the night of the 2<sup>nd</sup>, when a few lucky children were able to toast their marshmallows the traditional way (instead of over a gas flame!).





It was magic to see the children playing in the stream together, building dams, playing in the long grass, roaming up the grassy hills and enjoying the freedom and break from routine.



I also enjoyed wandering around camp and chatting to all the lovely club members and their friends. I had some feedback that long-time members would like to get to know the new members and families better. Suggestions have been put forward to have team building games or activities early in the camp. Please send me any ideas, like an “adopt-a-grandparent” game or an “introduce yourself to a new person every day” incentive.

Campers who attended were: Bolt, Barfoot, Brumby, Bush, Buxton, Caiger/Pigott, Checketts, Christie, Clark, Cobb/Reddell, Corbett/Haslemore, Davidson, Dwerryhouse, Frater, Fitzpatrick, Heenan/Hollier, Hill, Hird/England, Horn, Hutton/Voll/Mooij, Jackson/Jackson-Skiffington, Jemmett, Loveridge/Hudson, Miller, Morton, Munford, Preston//Lynn, Raymond/Baya-Raymond, Rector, Roberts, Roberts/Lee Roberts, Sewell, Sewell/Watt-Sewell, Scholey, Sidwell, Sidwell/Vant, Walters/Hanchard, Waterworth/Waterworth-Alarcon, Ward/Ellin, Williams.

Camp organisers: Mark Roberts and Miranda Hutton (scribe). Camp bookings taken by Peter Jemmett, ASC Camp gear stored by the Thomas family and transported by the Roberts family, Camp Treasurer: Bruce Dwerryhouse.

All photos in camp report were by Clive Bolt and Miranda Hutton

# UPCOMING TRIPS

## **COSSEY-MASSEY LOOP, HUNUA RANGES.**

**Thursday 22 February 2024**

We will meet at 10:30 am to walk the Cossey-Massey Loop track. A rewarding loop track, which provides long-range views, impressive native forest, sparkling waters and giant kauri trees.

The track is metalled but is steep in places and involves wading or rock hopping across Cossey Creek.

Walking poles are recommended. Bring your lunch and drink. For meeting place and more details and to be advised of any changes to the plan please contact the leader. Leader: Sue FitzPatrick – [suzette@knockbane.co.nz](mailto:suzette@knockbane.co.nz) or 021 111 5356

## **NGATUHOA LODGE WEEKEND – KAIMAIS**

**Friday 1st to Sunday 3rd March, 2024**

Surrounded by bush clad hills in the kaimais, our club weekend at this lodge includes the use of a mini confidence course, a flying fox, flat water kayaking and tubing in the stream. Further afield are walks to waterfalls, mountain bikes can be useful to access tracks uphill from the lodge.

Accommodation costs are \$50 per person for the weekend. Contact Eric to book, 50% deposit payable to confirm your place. Last summer this trip booked out very quickly, so please get in early to avoid disappointment. Members only weekend.

Bookings to **Eric Horn**: [kerianderic@alpinesport.org.nz](mailto:kerianderic@alpinesport.org.nz)

## **EASTER CAMP 2024—TANGIHUA LIONS LODGE**

**Friday March 29th—Monday April 1st, 2024**

Join the ASC Easter Camp tradition—walks, activities and plenty of fun for all ages. This year we have hired the Tangihua Lions Lodge, near Whangarei. It is a 2 ½ hour drive north of Auckland, surrounded by native bush and situated in the middle of the Tangihua Ranges.

Cost: approximately \$25 per person for the entire weekend (all ages).

Accommodation: There are 54 beds and plenty of space to camp.

Contact **Jane Preston** to book a spot [janeprestonnz@gmail.com](mailto:janeprestonnz@gmail.com)

## **CHILDRENS BUSHCRAFT 2024— WAITAKERE HUT**

**Saturday April 13th and Sunday April 14th 2024**

Children's Practical Bushcraft Weekend. 9:30 am Saturday to approximately 2:00 pm Sunday.

Waitakere Hut, Anawhata Road.

Aimed at 7-11 year olds with their adult caregivers.

Club members only. Limited numbers.

Cost: Pay only for your overnight stay at the hut.

Contact Sue Grant [kiwiguide@xtra.co.nz](mailto:kiwiguide@xtra.co.nz)



Miranda Hutton, Frouke Mooij and Garth Barfoot walking at Wairongomai

**MORE SUMMER CAMP PHOTOS**



New Years eve musicians Jim and Richard



3 legged race champions—Fiona Hutton & Gemma Roberts



New Year's Day - Nicholas Roberts congratulating James Checketts



New Year's Eve - Audience at the Mangaiti Hall



New Year's Day - Nicholas Roberts in flight at the long jump



New Years Eve—Children's singalong



The favourite hill to climb from Camp



New Years Day Tug of War against the adults



Campfire with Daniel, Clara and Khai